

各位善心居士，請以清淨齋供養大眾，福德無量，
請注意若含下列成份，請勿供養：

To All Laity: Offering pure vegetarian food to the assembly entails limitless blessings.
However, please DO NOT offer items containing the following ingredients:

食品類 Food

Sodium Aluminosilicate
味精 Monosodium Glutamate
素肉 Mock meats

五辛

Five Pungent Plants

蔥 Shallot, Chive, Scallion
洋蔥 Onion
蒜 Garlic
韭菜 Leek
興渠 Asafetida

不明標示 UNCLEAR LABELS

香辛料 Spices
調味料 Seasoning

豬肉	Pork	豬油	Lard	甲蟲紅色素	Cochineal red dye
牛肉	Beef	牛筋	Cattle Tendon		
魚肉 海鮮	Fish, Seafood	魚鰭	Fins		
魚子	Spawn, Roe	魚子醬	Caviar		
骨膠	Gelatin	乳清蛋白	Whey (animal)		
魚肝油	Cod-Liver Oil	乳漿(來自胃凝乳酸素)	Rennet, Pepsin (in some cheeses)		
深海 魚油	DHA, Fish Oil, Squalene Oil (Not okay if from shark liver oil. Okay if from plant sources)				

魚/肉類 Meat/Fish

蛋 Eggs

*蛋黃素 (來自蛋或動物不可。來自植物如大豆油或太陽花油可。)

蛋 Eggs
蛋粉 Egg Powder
蛋白 Egg White
蛋黃素* Lecithin*
蛋黃 Egg Yolk
動物性蛋白質 Animal Protein

*Lecithin (Not okay if egg- or animal-derived. Okay if plant-derived, e.g., from soybean oil or sunflower oil)

蜂蜜 Honey
蜂王漿 Royal Jelly
蜂膠 Bee's Wax

日用品 Everyday Goods

皮革 Leather
豬鬃 Hogs Bristles
絲 Silk
綿羊油 Lanolin Oil
獸脂-動物脂肪 Tallow (Sodium Talluate)

酒精飲料 Intoxicants
酒 Alcoholic Beverages
煙 Tobacco
毒品 Drugs